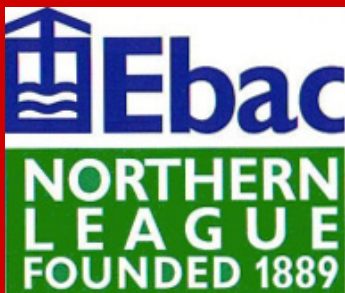


THE OFFICIAL MATCHDAY PROGRAMME OF SUNDERLAND RCA

RYHOPE REVIEW



**SUNDERLAND RCA VS
PRUDHOE YC
01/11/2025
15:00**

WELCOME TO SUNDERLAND RCA



A warm welcome to **Meadow Park** for today's EBAC Northern League Division 2 fixture. Our visitors today are **Prudhoe YC** and we extend that warm welcome to their Officials, Players and Supporters

Matchday Officials
Referee: Mr Timothy Craig
Assistant: Mr Owen Andre
Assistant: Mr Gavin Leadbitter

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OUR CLUB HISTORY

Sunderland RCA FC was founded in 1963 as Ryhope Youth Club, joining the Seaham and District League. After moving to the Colliery Welfare ground, the club became Ryhope Community Association in 1971, winning eight cups and four league titles.

Rejected by the Wearside League, the club folded in 1975 but re-formed three years later, joining the Northern Alliance and winning the League Challenge Cup at St James' Park. With support from local councils, Meadow Park was built as a permanent home.

RCA were founder members of the Northern League Second Division in 1982 and gained promotion in 1984, though relegation followed in 1988. A merger with Kennek Roker in 1999 created Kennek Ryhope CA, and by 2006 the club partnered with Springboard Sunderland. Promotion to Division One came in 2010, followed by a best-ever fourth-place finish under Neil Hixon.

Under Martin Swales, RCA enjoyed memorable FA Vase runs in 2016 and 2017, reaching the fifth round both years, and equalled their best league finish in 2018.

RCA HISTORY



The Covid-19 pandemic disrupted play, but major improvements were made to the ground and clubhouse. A new youth section, Sunderland RCA YFC, was also launched with teams from U8 to U18.

Financial challenges in 2023 saw the club fight off relegation with help from the reserves and ex-players, but instability the following season led to the drop into Division Two.

Now led by Mark Forrest and Adam Emson, RCA are rebuilding with a young squad and committed volunteers. Off the field, a full refresh of facilities is underway, with the aim of creating a sustainable, community-based football club for the future.

MEET OUR COACHES



Mark Forrest
MANAGER
Sponsored By:



Adam Emson
ASSISTANT MANAGER
Sponsored By:



Tom Hansford
FIRST TEAM COACH
Sponsored By:



Paul Wilkinson
FIRST TEAM COACH
Sponsored By:



Carl Wilcockson
GOALKEEPER COACH
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Amber Metcalfe
PHYSIOTHERAPIST
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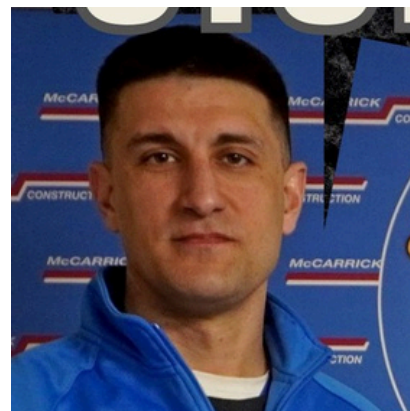
MEET OUR SQUAD



Karl Dryden
GOALKEEPER



Kieron Ezard
GOALKEEPER



Matthew Soulsby
DEFENDER



Archie Dodds
DEFENDER



Max Monaghan
DEFENDER



Simmi Tchabo-Tchounga
DEFENDER

MEET OUR SQUAD



Kieran Charlton
DEFENDER



Clayton Davis
DEFENDER



Archie Fletcher
DEFENDER



Jack Patterson
DEFENDER



Dom Moan
DEFENDER



Luke Richards
DEFENDER

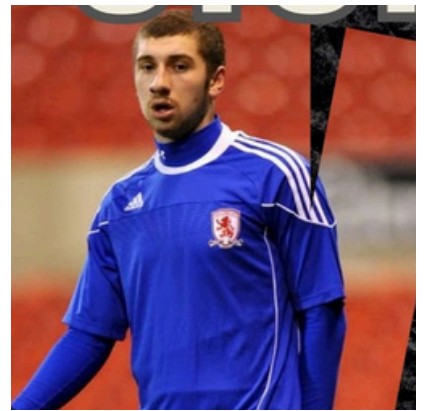
MEET OUR SQUAD



Lewis Lukeman
MIDFIELDER



Callum Guy
MIDFIELDER



Jake Fowler
MIDFIELDER



Chris Thompson
MIDFIELDER



Nathan Simpson
FORWARD

MEET OUR SQUAD



Taylor Richardson
FORWARD



Jackson Ward
FORWARD



Aiden Stanton
FORWARD



Dennis Knight
FORWARD



Alberto Dumba
FORWARD

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MARK FORREST SPEAKS

Football is a strange game. A few weeks ago we went through a spell where I felt a win was never coming, at times with some good performances, just the results did not match the performance level.

After winning three on the bounce for the first time in a while we are now looking to try and make that four against Prudhoe this afternoon. I expect it will be a very tough game, just as the away fixture was earlier in the season.

As a team, we are still growing, getting to know each other and I think there is more to come from this squad of players. I am always pushing them, asking for more and in the last couple of weeks they have delivered. However, it means nothing if they don't focus on the next game.

One of my good friends lost his job in football earlier this week at Northallerton Town. I know first hand the effort, time and dedication it takes to manage at this level and I will continue to push this club back to where I believe it should be. It will take time, but I believe we are making positive progress.

Coach's Corner



Enjoy The Game – Mark

Prudhoe Youth Club

Sam Wilson – Signed late in 23-24 and impressed ever since. Agile keeper, great shot stopper

Steven Anderson – Assistant Manager/Player. An FA Vase winner with Morpeth Town, also played for Blyth Town and Dunston UTS

Finlay Baty – Left Back or Midfield. From Hexham. Previously with Blue Star and Birtley

Elijah Berman – Pacy striker or midfielder. From Leeds attending Northumbria University

Reece Bickerton – A hard working central midfielder. Formerly with Northallerton and RCA

Riley Boertien – Skilful quick wide player. Previously with Haltwhistle Jubilee FC

Ben Cleland – 17-year-old emerged through the junior ranks, was part of last year's YC U16s County Cup winning side

Liam Dalton – Skilful midfielder/centre-back. Joined in October '23 from Newcastle Blue Star

Sam Davison – Promising young forward from Barrasford signed in November '24

Billy Foster – Combative hard working midfielder or full back. Signed from Bedlington

Harry Frazer – 17. A local lad from Greenside who has come through the junior ranks. A tricky winger

Connor Lane – Experienced centre-back who has previously played for Blue Star and Washington

Kieran Lane – Tricky winger. Promising young player with bags of potential

Matthew Lewer – Promising young centre back signed on dual registration with Silksworth

James Simpson – From Hexham, skilful and composed midfielder.

Cameron Toal – A young full-back with bags of potential

Opponent Squad



Bradley Lowes – Energetic box to box midfielder formerly with Hexham FC and Ryton & Crawcrook Albion

Freddie Marr – Skilful young midfielder. Local lad had a brief spell with the Seniors as a 17 year old before rejoining us 23-24

Harry Marr – Local lad. Like his elder brother Freddie, previously with Chester Le Street United

Brad Mawston – Young Forward. Previously with Gateshead FC Juniors and Sunderland AFC Academy

Will Morris – Energetic player was with the Seniors for a couple of years before moving on to Jarrow in 23-24.

Shay Mulligan – Previously with Bedlington Terriers. A midfielder who has impressed.

Jordan Plunkett – Has played for Winlaton FC, Ryton & Crawcrook Albion & Blue Star.

Charlie Shane-Stone – A local lad who has come through the YC ranks

Aaron Willoughby – Talented young midfielder, formerly with Blue Star

Thomas Wilson – Comfortable forward who was with Whitley Bay last season

Michael Wright – Powerful forward. Previously with Heddon United

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0191 515 5334

email: mahunter@springboard-ne.org



Prudhoe Youth Club

Prudhoe Youth Club Football Club was established in 1969 with one team and has since grown to a thriving community football club at the heartbeat of the Prudhoe community, fielding over 30 teams.

In 2015 the decision was taken to form a Saturday Senior Team for the first time in the club's history to enable a pathway from junior football to adult football for its members.

Prudhoe Youth Club Seniors FC was born and a young team, comprised mainly of teenagers was accepted into the Northern Football Alliance Division 2 for the 2015-16 season. The club chairman and secretary Duncan Graham formed the team and managed it in its first 3 seasons.

The maiden season saw a solid 9th position obtained with 8th position achieved in Season 16-17. A much improved 17-18 saw the season end as League Runners up and promotion to Division 1 and as Divisional Cup holders, defeating Blyth Spartans Reserves in the final. Graham stepped down as manager at the end of the 17-18 season and handed over the managerial reins to a talented young coach Lee Blackburn who had played for the club since he was 7 years old.

Opponent History



A good 18-19 season saw the team finish 7th and runners up in the Divisional Cup. 19-20 was a COVID curtailed season with the team looking certain for promotion in 2nd place, but unfortunately the season was declared null and void.

Blackburn had stepped down from the manager's job near the end of the season due to his other professional coaching commitments with NUFC. Former professional footballer Joe Kendrick became manager for the 20-21 season and lead the team to the top of the table, when the COVID curse struck again with the team nailed on for promotion.

Prudhoe Youth Club

Fortunately for Prudhoe however a vacancy in the Premier Division occurred due to the resignation of Shankhouse FC, allowing Prudhoe to be elevated to the Premier Division for season 21-22.

An incredible first season in the Premier Division ended with the team finishing league runners up and unbelievably achieving promotion to the EBAC Northern Football League. A team formed 7 years ago had completed a meteoric rise through 3 tiers of the English football pyramid in four seasons with an incredible team spirit and close unity and bond in a team, who's core consisted of local players, many of whom had come through the YC youth team ranks.

Kendrick stepped down at the end of the 21-22 season and the mantle was assumed by a new manager Kennie Mailia. Kennie led the team to a very creditable 8th place finish in the Seniors maiden season in the Northern League. However Kennie and the club parted ways at the end of the season with Kennie taking up a new job at Jarrow FC for 23-24.

Opponent History



For the 23-24 season, the challenge was eagerly assumed by Club stalwart Mark McMeekin who had been an influential senior player for the previous 5 seasons. Mark worked tirelessly during the season to build on the existing foundations and the team finished in 15th place. Mark's second season at the helm saw a respectable top half finish for the lads, ending the season in 11th place.

Unfortunately Mark decided to step down at the end of the season due to family and work commitments. However, assistant manager Dean Walker agreed to take the reins, giving us continuity going into the 25-26 season. We are looking forward to seeing Dean's young talented squad in action!

JOIN CLUB 1963

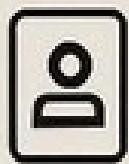
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CLUB 1963

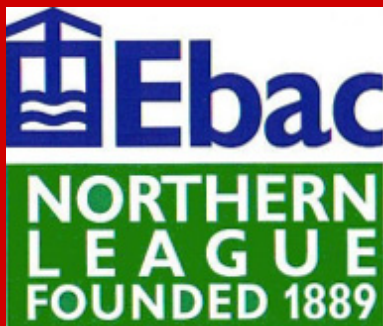


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Caron McCarthy
Paul Wilkinson
Greg Ball
Neil Brimage
Simon Palmer
Simon George
Jo George
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Paul "Mackem" Smiter

Daisy Adams
Dutchy Holland
Roger Isaac
Lou Armstrong
Alan Simpson
Gavin Duddridge
Kevin Ward
Katie Ward
Chris Seal
Martyn Herron
Alan Price
Michael Lemon
Iris & Les Dodd Snr
David Moore



EBAC NORTHERN LEAGUE

2025/26 FIXTURES

NOVEMBER

SAT NOV 1ST - PRUDHOE YC SENIORS (H)
SAT NOV 8TH - SEAHAM RED STAR (H)
SAT NOV 15TH - RYTON & CRAWCROOK
ALBION (A)
SAT NOV 22ND - REDCAR TOWN (H)
SAT NOV 29TH - ESH WINNING (A)

DECEMBER

SAT DEC 13TH - BOLDON CA (H)
SAT DEC 20TH - ALNWICK TOWN (A)
FRI DEC 26TH - SUNDERLAND WEST END (H)

JANUARY

SAT JAN 3RD - CLS PARK VIEW AFC (H)
SAT JAN 10TH - YARM & EAGLESCLIFFE (A)
SAT JAN 17TH - BILLINGHAM SYNTHONIA (H)
SAT JAN 24TH - NEWCASTLE UNIVERSITY (A)
SAT JAN 31ST - BILLINGHAM TOWN (A)

FEBRUARY

SAT FEB 14TH - CHESTER-LE-STREET TOWN (A)
SAT FEB 21ST - AFC NEWBIGGIN (H)

MARCH

SAT MAR 7TH - JARROW (A)
FRI MAR 13TH - DURHAM UNITED (H)
SAT MAR 21ST - GRANGETOWN BOYS CLUB (A)

APRIL

SAT APR 4TH - SUNDERLAND WEST END (A)
SAT APR 11TH - TOW LAW TOWN(H)
SAT APR 18TH - FC HARTLEPOOL (A)

NEW YOUTH SECTION PARTNERSHIP



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